**Mental Health Resources**

**Riverside Emergency Services** https://www.riversidecc.org/ https://www.riversidecc.org/child-family-services/emergency-services/

For children experiencing a mental health or behavioral crisis

Our Youth Emergency Services team provides services to children (under 21) who are experiencing a behavioral health crisis with a mobile, face-to-face response. Our team can meet with youth and their families at one of our community-based locations or we can travel to homes, schools, and other locations with the goal of avoiding a hospital emergency room visit and unnecessary hospitalizations.

Our team can remain involved with the family for up to a week for continued crisis intervention and to help the family connect with on-going behavioral health services and supports.

Youth Emergency Services are available to children under the age or 21, regardless of their insurance plan, including those who are uninsured.

Service Locations

Milford and Surrounding Communities

Phone: 800-294-4665

South and West of Boston

Phone: 800-529-5077

Southbridge and Surrounding Communities

Phone: 877-750-3127

800-294-4665

**Wayside Emergency Services** https://www.waysideyouth.org/services/waysidemetrowest/mobilecrisisintervention/

An alternative to 911 for experiencing a mental health crisis

Mobile, on-site, therapeutic response to youth experiencing a behavioral health crisis. MCI teams provide crisis intervention, stabilization, and coordination, for up to 7 days, until the youth is stable or transferred to another level of care.

This service is provided 24 hours a day, 7 days a week, 365 days a year. Wayside is subcontracted by Advocates, Inc., to provide MCI services for youth and families in the MetroWest and Waltham areas. Referral Numbers Framingham area: 508.872.3333 Waltham area: 781.893.2003

General Information/Program Number 781.891.0556 x76

Phone: 508.879.9800

NAMI - National Alliance for Mental Health

NAMI is the nations largest grassroots mental health organization dedicated to building better lives for millions of Americans affected by mental illness.

[www.nami.org](http://www.nami.org/)

800-950-6264

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**Aurora Counseling Associates, LLC** – Outpatient psychotherapy for children, teens, adults, couples and families. BethAnn Schacht LMHC, 20 Main St., Natick, MA. Tel: 508-650-0991. auroracounselingassociates.com /