**Nutritional Resources**

**Natural Health Pathways** – Certified and clinically trained in Nutrition Response Testing. A natural health clinic serving individuals seeking safe, non-invasive, natural solutions for their health problems, such as

anxiety, ADHD, weight loss, fatigue and more! Charlene Shalachman CN, 365 Boston Post Rd. #208, Sudbury, MA. Tel: 508-309-4063. naturalhealthpathways.net /

**Nicolette Blanco** – As a certified health coach, clients receive individualized health plans to increase energy, decrease inflammation & cravings and achieve your ideal body weight. Nicolette Blanco, 33 Woodbine Rd., Natick, MA. Tel: 508-785-5554. nicoletteblanco.com /